

# Servant's Heart Outreach Ministries Pre-Sozo Packet

## Servant's Heart Outreach Ministry

1119 8<sup>th</sup> St LaSalle Il 61301

Sozo is a Greek word meaning wholeness.....

- Wholeness in Spirit
- Wholeness in soul ( mind, will, and emotions
- Wholeness in body
- It is complete healing for body, soul , spirit
- Sozo is a gentle & effective ministry led by the Holy Spirit
- Bringing us into greater truth & greater intimacy with Father, Son, Holy Spirit
- “ that in all respects we would prosper & be in good health just as our souls prosper “ 3 John 1: 1 – 3

Preparing for your Sozo Session ....

### 1) Pray

- \* Pray for Holy Spirit to break areas of unbelief or strongholds in your life
- \* Pray for truth to be established in your innermost being
- \* Pray for greater intimacy with the Godhead

### 2) Fast

\*Ask the Lord what He wants you to fast, for how long and when. He may direct you to fast from food, or an activity (i.e. watching TV)

\* fast 1 meal a day for a week, or fast entire day, or juice fast over several days

\* If fasting from activity, replace that activity with prayer, meditating on the Word, soaking in His presence.

\* Do not fast on the day of sozo.

- you need to be alert and refreshed (not distracted by hunger or feelings of weakness)

\* Do not feel guilt or condemnation if you "slip up" God will honor what you are able to do.

### 3) Relax

\* You can totally trust the Holy Spirit – He is kind, gentle & longs to bring you revelation.

### 4) Meditate on God's Word.

“ He sent forth His Word & healed them ... “ Ps 107: 20

“Whenever anyone turns to the Lord, the veil is taken away. Now the Lord is the Spirit and where the Spirit of the Lord is – there is freedom. And we, who with unveiled faces – all reflect the Lord's glory – are being transformed into His likeness.”

- ” I am not to be their judge”

### Matthew 6: 14 -15

“For if you forgive men when they sin against you, your heavenly Father will also forgive. But if you do not forgive men their sins, your Father will not forgive your sins.”

### Matthew 18: 21 – 35

This is the story of a servant who was forgiven a huge debt he could not pay, but refused to forgive those who owed him. His master tells him: “Shouldn't you have had mercy on your fellow servant just as I had on you?” This is how my heavenly Father treat each of you unless you forgive your brother from your heart.” (vs 33 – 35)

Luke 6: 37

“Do not judge, and you will not be judged. Do not condemn and you will not be condemned. Forgive and you will be forgiven.”

From these scriptures we see that:

- Forgiveness is a command from the Lord.
- Forgiveness is a choice, not a feeling.
- Because Jesus freely forgave all of our sins, and paid a debt we could not pay, we must also freely forgive.
- Forgiveness is vital to deliverance & freedom.

For your Sozo session, please come prepared to willingly extend forgiveness.... It is the key to your freedom!



**Sozo Ministry Application Form**

**Name** \_\_\_\_\_

**Date of Application** \_\_\_\_\_

**Mailing Address** \_\_\_\_\_

**City** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip**

**Code** \_\_\_\_\_

**Home Phone** \_\_\_\_\_ **Message Phone**

\_\_\_\_\_ **Gender (male/female)** \_\_\_\_\_ **Age** \_\_\_\_\_

**Church Attending**

\_\_\_\_\_ **Are you currently applying for a Sozo as a requirement for being a part of a Servant's Heart Fellowship Ministry Team? if yes, which one?**

\_\_\_\_\_ **Have you received ministry from Servant's Heart Sozo Team in the past** \_\_\_\_\_

**Approx. date of ministry?** \_\_\_\_\_

**Other than a requirement for ministry, why would you like to receive a Sozo?**

\_\_\_\_\_

—

\_\_\_\_\_

—

\_\_\_\_\_

—

Are you presently or have you in the past, been ministered to by any other ministry of Servant's Heart Fellowship \_\_\_\_\_ If Yes, with whom?

\_\_\_\_\_ Last date of ministry \_\_\_\_\_

Who referred you to the Sozo ministry?

---

The following questions are designed to help us assess your needs and potential ministry opportunities. Please answer them truthfully-- it will greatly improve the quality of the ministry you receive at your Sozo session.

Are you currently seeing a therapist/counselor? Yes \_\_\_

No \_\_\_

Do you attend a cell group or a small group? Yes \_\_\_\_\_

No \_\_\_\_\_

If not, we strongly recommend you find one. We recommend that you share with someone you trust what happened during the Sozo so that you will have someone to pray with and hold you accountable (this person should not be who you consider your "best friend")

How would you describe your relationship with Father God?

1 2 3 4 5 (1 being distant to 5 being very intimate)

How would you describe your relationship with Jesus?

1 2 3 4 5 (1 being distant to 5 being very intimate)

**How would you describe your relationship with Holy Spirit?**

**1 2 3 4 5 (1 being distant to 5 being very intimate)**

**Will you be able to fast or pray one week before your Sozo? Yes \_\_\_ No \_\_\_**

**Ask the Lord what He wants you to fast. It can be fasting one meal a day or fasting watching TV.**

**Are you open to a mixed Sozo team (1 male; 1 female)**

**Please Check any of the following that currently applies to you:**

**Anxiety \_\_\_**

**Criminal Record \_\_\_**

**Drug abuse \_\_\_**

**Suicidal \_\_\_**

**Molester \_\_\_**

**Headache \_\_\_**

**Physical abuse \_\_\_**

**Recent loss \_\_\_**

**Sexual promiscuity \_\_\_\_**

**Suicide attempts \_\_\_\_**

**Depression \_\_\_\_**

**Addictive behavior \_\_\_\_**

**Molested \_\_\_\_**

**Increased/decreased appetite \_\_\_\_**

**Involvement in the occult (past or present)\_\_\_\_**

**Violent \_\_\_**

**Alcohol abuse** \_\_\_\_  
**Physically Abused** \_\_\_\_  
**Sleep disturbance** \_\_\_\_  
**Heart palpitations** \_\_\_\_